

FACULTY OF ALLIED HEALTH SCIENCES

Sarfarazganj, Hardoi Road, Lucknow - 226 003, Phone: 0522-6600777. Fax: 0522-2407824

DEPARTMENT OF PHYSIOTHERAPY

BACHELOR IN PHYSIOTHERAPY

PROGRAM OBJECTIVES

To prepare a physiotherapist who:

- Examine, evaluate, diagnose, plan, execute and document physiotherapy treatment independently or along with the multidisciplinary team.
- To plan & decide Physiotherapy treatment & procedures (both electrotherapy and exercise therapy) independently.
- Assess impairments and functional limitations in the patients and able to execute physiotherapeutic procedures as per the evaluation.
- 4. To operate and maintain physiotherapy equipment used in the treatment.
- To provide education about various physiotherapeutic interventions to the patient and care givers.

PROGRAM OUTCOME

PO1: Clinical Knowledge and Assessment:

- Demonstrate a comprehensive understanding of human anatomy, physiology, and biomechanics as they relate to physical therapy.
- Accurately assess and diagnose musculoskeletal, neurological, and other physical conditions.
- Utilize evidence-based practices and clinical reasoning to develop effective treatment plans.

PO2: Therapeutic Skills:

- Proficiently perform a wide range of physiotherapy techniques, including manual therapy, exercise prescription, and modalities such as ultrasound and electrical stimulation.
- Safely administer therapeutic interventions to manage pain, improve mobility, and enhance function.

PO3: Patient-Centered Care:

- Provide compassionate and culturally sensitive care to diverse patient populations.
- Effectively communicate with patients and their families, involving them in the treatment process and setting realistic goals.

PO4: Interprofessional Collaboration:

- Collaborate with healthcare professionals from various disciplines to ensure holistic patient care.
- Understand the roles of other healthcare providers and contribute to interdisciplinary treatment plans.



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PO5: Research and Evidence-Based Practice:

- Critically evaluate scientific literature and integrate the latest research findings into clinical practice.
- Engage in ongoing professional development and lifelong learning to stay current with advancements in the field.

PO6: Ethical and Legal Responsibilities:

- Adhere to ethical standards and professional codes of conduct in all aspects of practice.
- Comply with legal regulations and maintain patient confidentiality.

PO7: Health Promotion and Prevention:

- Promote health and prevent injury by educating patients and communities on proper exercise, ergonomics, and lifestyle choices.
- Develop strategies to address public health issues related to physical activity and rehabilitation.

PO8: Leadership and Advocacy:

- Take on leadership roles within the healthcare system and advocate for the importance of physiotherapy in promoting health and wellness.
- Engage in community outreach and education initiatives.

PO9: Professionalism:

- Demonstrate professionalism in all interactions, including punctuality, integrity, and respect for colleagues and patients.
- Uphold the values and standards of the physiotherapy profession.

PO10: Clinical Experience & Life-long Learning:

- Accumulate a significant number of supervised clinical hours in a variety of healthcare settings to apply theoretical knowledge in real-world scenarios.
- Develop competency in handling complex patient cases and adapting to changing clinical environments.